



A UnitedHealthcare Company

One Pass Select

Fitness and well-being program



One Pass Select lets employees choose the best health options for them

One Pass Select gives employees access to thousands of gyms and online classes with:



Flexible fitness options and the ability to use locations nationwide (not limited to one gym)



The ability to add family members or friends (ages 18+) at a 10% monthly discount



The option to change tiers monthly



A variety of employee membership options to fit lifestyle goals

Category	Digital	Classic	Standard	Premium	Elite
Monthly fee	\$10	\$29	\$64	\$99	\$144
One-time enrollment fee	\$10	\$29	\$29	\$29	\$29
Gym network size		11,000+	12,000+	14,000+	16,000+
Premium network			✓	✓	✓
Multi-location access		✓	✓	✓	✓
Digital classes	10,000+	10,000+	10,000+	10,000+	10,000+
On-demand	✓	✓	✓	✓	✓
Livestreaming	✓	✓	✓	✓	✓
Workout builder	✓	✓	✓	✓	✓
Grocery delivery		✓	✓	✓	✓
Family & friend memberships*	✓	✓	✓	✓	✓
Upgrade/downgrade	✓	✓	✓	✓	✓
Cancel within 30 days	✓	✓	✓	✓	✓

*10% discount off the tier selected for each person added



Member journey: Putting healthy living first



John, age 36, wants to prioritize fitness and eating healthier while balancing his busy schedule. He’s concerned about the rising cost of making healthy choices — everything from food to gym memberships seem more expensive than they were before. He hopes his new wellness benefits will help him feel better and save money.

1



John visits the One Pass Select website and creates an account.

2



John reviews the membership options to see what best fits his needs. He selects the Classic tier.

3



After purchasing his One Pass Select plan, John can now view his dashboard to schedule his first grocery delivery or to browse gyms.

4



John clicks the “Fitness” tab to search gyms or fitness studios in his area. He finds one close to his home he wants to try.

5



When John arrives at the gym, he presents the gym code from his One Pass Select dashboard to receive his access card.

6



Before leaving the gym, John logs back in to his One Pass Select dashboard to schedule his first grocery delivery to his house through Shipt.

One Pass Select commercial gym brands*

Digital (23k+)	Classic (12k)	Standard (13k+)	Premium (16k+)	Elite (18k+)
				
				
				
				
				
				
				

*Crunch Fitness and Lifetime membership tiers may vary depending on member's location. Other participating locations available in our network. All trademarks are the property of their respective owners.

Participating grocery delivery services

